

---

---

Revised April 2013

# EDMONTON MINOR SOCCER ASSOCIATION (EMSA)



## ASA Laws of the Games (U6, U8)

---

---

# U6 Mini Program

## Alberta Soccer Association U6 Guidelines

### Game Structure

Game Format	Modified Team size	Game Duration	Ball Size	Field Size Width (Min/Max)	Field Size Length (Min/Max)	Goal Size Min (H) Max(W)
3 vs. 3	Up to 14	2 x 20 min.	3	20-25 Yards	25-30 Yards	Height 3 ft. Width 5ft.

### Rules of the Game

#### **Goal Kick:**

When a player on the attacking team is the last player to touch the ball over the opposing team's end line and not between the goal posts, then a goal kick is awarded to the defending team.

#### **Corner Kick:**

When a player on the defending team is the last person to touch the ball over their own end line and not between the goal posts, then a corner kick is awarded to the attacking team.

#### **Goalkeeper**

A goalkeeper is not used in the U6 3vs.3 format.

#### **Number of Players/Substitution**

The game is played with 3 players on the field; substitutions can be made on the fly or every 2 or 3 minute shifts and then change. ASA recommends a maximum of 7-8 players per squad.

#### **Throw-in / Kick-in**

When a player on the opposing team kicks the ball beyond the side lines the other team is awarded a throw-in. For the U6 3vs.3 game a kick-in is awarded as a substitute for a throw-in.

## Fouls

Although fouls in the game may occur, they are usually unintentional. If a foul occurs, tripping, ball handling, etc. then an indirect free kick is awarded. The ball must be passed first before a shot can be taken

## Scoring

Is from anywhere on the field, but cannot be scored directly from a kick-off, or free kick

## Game Duration

The 3vs.3 game for U6 has two 20 minute halves. Players should have a 5 minute break at half.

## Referees, Coaches, Parents

Any of the above can referee or run the game.

## Footwear:

Tennis shoes, NO cleats for U5 & U6

---

# U8 Mini Program

## Alberta Soccer Association U8 Guidelines

### Game Structure

Game Format	Modified Team size	Game Duration	Ball Size	Field Size Width (Min/Max)	Field Size Length (Min/Max)	Goal Size Min (H) Max(W)
4 vs. 4	Up to 14	2 x 20 min.	3	20-30 Yards	25-35 Yards	Height 4.5-5 ft. Width 8-9 ft.

### Rules of the Game

#### Number of Players/Substitution

The game is played with 4 players on the field; substitutions can be made on the fly or every 3 or 4 mins shifts and then change. ASA recommends a maximum of 8-10 players per squad.

#### Off-Sides

There are no off-sides at the Under 8 level of soccer.

#### Goal Area

A line is made 8 yards from goal-line and 6 yards either side of centre of field to make an area for the sweeper-keeper to use his or her hands in only.

### **Goal Kick**

When a player on the attacking side of the ball is the last person to touch the ball over the opposing team's goal line and not between the goal posts, then a goal kick is awarded. The ball is placed anywhere inside the area for a restart.

### **Corner**

When a player on the defensive side of the ball is the last person to touch the ball over their own goal line and not between the goal posts, a corner kick is awarded to the attacking team.

### **Throw-ins**

When a player touches the ball beyond the sidelines a throw-in is awarded to the opposing team.

### **Scoring**

Scoring is from anywhere on the field, but cannot be scored directly from a kick-off, goal-kick, free-kick or throwing.

### **Fouls**

All fouls are IN-DIRECT, this means the ball must be first passed to another player before a goal can be scored. Most fouls are not intentional, but rather due to lack of understanding or coordination.

### **Sweeper/ keeper**

Sweeper-Keeper is the last player in defense who will be allowed to use his or her hands in the goal are only.

### **Referees, Coaches, Parents**

Any of the above can referee or run the game.

---