



U-8 PREMIER Mini Indoor Laws

The Ball: U-8 Size 3 (Roster size max 16)



The Time:

- 10 minutes pre-game practice.
- 2 equal halves of 20 minutes.
- 5 Minutes change over between the next game.



The Field:

Full size field.



Players Benches:

Both teams will have their own bench and dressing room.



Player Changes:

Player changes should be every 3 minutes (goalies can be changed at this time)

Number of Players on the Field:

Each team will have 6 players and 1 goal keeper on the field at any one time.

Ball in and out of Play:

- If the ball goes out the side or hits the net then the ball will be placed where it exited the field. It will be placed on the ground and kicked into play by the team that did not put the ball out of play. All opposing players must be at least 5 yards away.
- If the ball exits the touchlines (goal keepers ends) then it will be a goal kick. Regardless of who touched it last.

- The goalie or defender must kick the ball outside the crease and the opposing players must be on their half until the kick is made.

Scoring: Goals can be scored from anywhere on the field including the crease.

Goal Crease:

- The goalie is only allowed to use his/her hands inside the crease. If they wander out of the crease they are to be warned.
- And all goal kicks will be kicked from within the goal crease (at the top of the crease would be recommended).

Free Kicks:

For the mini program all kicks will be **Indirect**. Indirect kicks means that the ball must be passed or touched by another player before a goal can be scored.

Hand-ball:

All intentional handballs will result in the coach awarding an in-direct free kick to the non-offending team. Players must be 5 yards away. Except for infractions within the goal crease. The whistle will blow and the ball will be placed at the top of the crease for an In-Direct free kick. Players can make a "wall" on the goal line.

Aggressive behavior:

Including - pushing, kicking, punching, hitting will result in an In-Direct free kick to the non-offending team, as well as the player sitting for a minimum of 1 full shift (coach's responsibility).

Rotation of Players:

Coaches are encouraged to rotate the players on their team so that every player has an opportunity at each position.

The Coaches:

- There will be one coach from each team on the field to help with the flow of the game. Each coach will take one side.
- One coach or parent from each team will be on the bench to direct the players on to the field.
- On a single gender team there must be a coach the same gender as the players (bench mom or dad).
- There are no referees at this age. Coaches are encouraged to share the job of being the "ref" for their team.

Fair Play:

1. Due to some teams not being of equal strength at this age group, once a goalie has possession of the ball the other team must give them half the field (approximate).

And cannot chase until the ball has been passed or kicked. This will prevent stronger teams from just crowding the net and keep scoring goals without letting the other players develop a break out or a passing game.

2. Due to the creases in the indoor game not being of equal size (on some fields) as well as the boards being only on one side teams will switch sides at half, to give each team an opportunity to have the boards and a smaller crease.

KEEP IT FUN!!!!!!