

September, 2020

## INDOOR 2020/2021

### Community League Format (U9 to U19)

\*\* Please note that this may change prior to indoor season beginning if AHS changes their cohort sizes.

- 1) We are looking to form cohorts with 4 teams with a maximum of 12 players on each team. To keep us below the 50 maximum cohort set out by Alberta Health.
- 2) The leagues will be round robin formats and we will re-seed the cohort teams after a two-week break (quarantine), so teams will get an opportunity to play others, not just the same 3 teams. We will look at Natural breaks such as December to re-seed.
- 3) Dressing rooms will be available to teams but would encourage players to come dressed for the game.
- 4) Teams to arrive no more than 15 minutes prior to kickoff and to leave right after the game to avoid unnecessary contact in the halls and areas.
- 5) All participants including adults who will be entering the buildings will need to register with facilities and sign waivers online (<https://www.esaf.ca/index.php/covid-19/contact-tracing> )
- 6) All persons entering the building will need to be wearing a mask regardless if they are players or coaches, according to level two of the Edmonton Facilities mandate ([https://www.edmonton.ca/programs\\_services/emergency\\_preparedness/masks.aspx](https://www.edmonton.ca/programs_services/emergency_preparedness/masks.aspx))
- 7) Hand sanitizer will be available at all areas in the building
- 8) Tournaments may not be able to organize due to the two-week quarantine period needed to re-cohort the groups. If AHS increase the cohort number from 50-100 things could change.
- 9) Trialist or guest players update: Teams are not permitted to use trialists/guest players from any other division/age group. However you can use special COVID Cohort Guest Players for any game. These special COVID Cohort Guest players MUST be from another team within your cohort tier/division. They do not need to be from the same Zone or Club. A COVID Cohort Guest Player form must be filled out and submitted with the master game sheet.
- 10) All parents, players, organization will need to be ready to discontinue the program if Alberta Health Services cancels the Cohort system.
- 11) Every team must have a Covid Contact Person that will be responsible to contact the EMSA office for any reports of possible Covid exposure and follow all protocols from AHS.