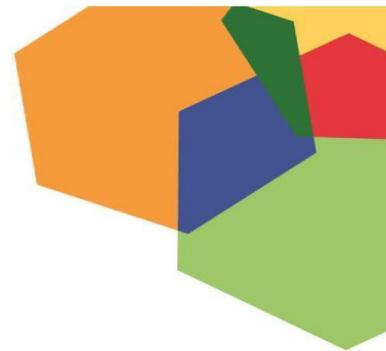


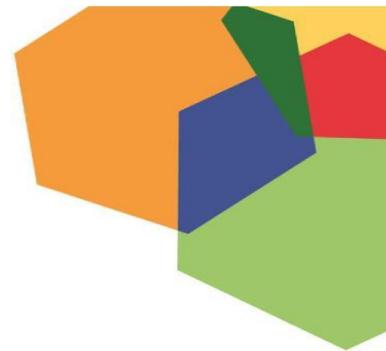
**EMSA COVID – GUIDELINE 2020/2021 Indoor Season (30 October 2020)**

**Please see highlighted areas for recent update**

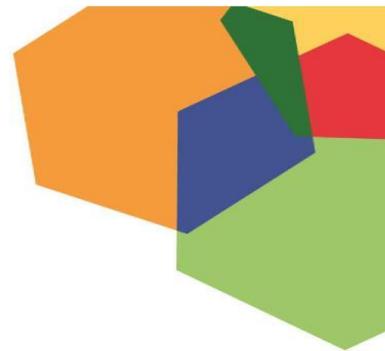
GUIDELINE	DESCRIPTION
<b>Introduction</b>	Information provided in this summary is based on AHS Guidelines ( <a href="#">link</a> ), Alberta Soccer Association Return-to-play Guidelines ( <a href="#">link</a> ) and decisions of the EMSA Board of Directors.
<b>Registration</b>	All Players and Team Officials (Coach, Assistant Coach, and Manager) must be registered on the EMSA PORTAL <a href="http://www.emsamain.com">www.emsamain.com</a> for the 2020/2021 Indoor Season prior to the start Season.
<b>Waivers &amp; Declarations</b>	During the online Registration process all participants (or parents/guardian if under 18 year of age) must sign the ASSUMING OF RISK Waivers, EMSA Waivers, Scottish Dome Waivers and Covid 19 Waivers.
<b>Cohort</b>	<ul style="list-style-type: none"> <li>• COVID Sport cohort includes the people with whom you regularly spend the longest amounts of time and have the closest physical contact - those you can hug and touch - and those who are part of your daily or regular routines. Keeping the same people in the same small cohort group, rather than mixing and mingling, helps reduce the chance you or someone else will get COVID-19.</li> <li>• A Sport Cohort is defined as a closed, small group of no more than 50 of the same individuals who participate in the same sport or activity who do not always keep 2 metres apart, and remain together for the duration of Stage 2, or until a 14-day 'cohort break' has been observed.</li> <li>• Physical distancing for members of the same sport cohort should be practiced at all times outside of game play (i.e. on the bench, sidelines, during warm up, cool down, before and after game activities)</li> <li>• <b>Limit the child's cohorts to no more than 3: core household, school, and <u>one</u> other sport or social cohort.</b></li> <li>• <b>Teams may only participate in one sport cohort / mini-league unless a 14-day 'cohort break' has been observed</b></li> </ul>
<b>Spectators (Boarded Soccer)</b>	<p><b>The Edmonton Soccer Centres East, West and South (Boarded Soccer) are only permitting one (1) adult spectator per player and any minor siblings.</b></p> <p>Masks must be worn by everyone entering the building.</p> <p>All participants including adults who will be entering the Edmonton Soccer Association indoor boarded soccer buildings will need to register with facilities and sign ALL the following waivers online:</p> <ul style="list-style-type: none"> <li>• <a href="https://www.esaf.ca/index.php/covid-19/self-declaration">https://www.esaf.ca/index.php/covid-19/self-declaration</a> <b>(Declaration of Compliance)</b></li> <li>• <a href="https://www.esaf.ca/index.php/rentals/adult-waiver">https://www.esaf.ca/index.php/rentals/adult-waiver</a> <b>(Adult Waiver)</b></li> <li>• <a href="https://www.esaf.ca/index.php/rentals/youth-risk">https://www.esaf.ca/index.php/rentals/youth-risk</a> <b>(Youth Waiver)</b></li> <li>• <a href="https://www.esaf.ca/index.php/covid-19/contact-tracing">https://www.esaf.ca/index.php/covid-19/contact-tracing</a> <b>(Pre-register for contact tracing- grandparents, cousins or anyone who will be entering the building will need to do this)</b></li> </ul> <p style="text-align: right;">CONTINUE TO THE NEXT PAGE...</p>



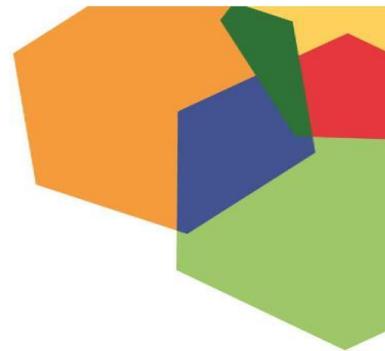
GUIDELINE	DESCRIPTION
<b>Spectators (Boarded Soccer)</b>	<p>The Contact Tracing form will email back a number, which you will need to be presented before entering the facility. You may simply take a screenshot or note down the number and show it when you arrive. You only need to complete these online forms once, prior to arriving to the Facility for your first time. Yelling or cheering is discouraged due to high risk of spreading droplets. If any of the spectators break the social distancing rules, the referee has the right to terminate the game.</p> <p>The Contact Tracing form will email back a number, which you will need to be presented before entering the facility. You may simply take a screenshot or note down the number and show it when you arrive. You only need to complete these online forms once, prior to arriving to the Facility for</p>
<b>Spectator (non boarded soccer)</b>	<p><b>The Edmonton Soccer Dome (Non – Boarded Soccer) is permitting one (1) spectator per player.</b> Strong yelling or cheering is discouraged due to high risk of spreading droplets. If any of the spectators break the social distancing rules, the referee has the right to terminate the game.</p>
<b>Spectator Tri-Leisure Centre (Spruce Gove)</b>	<ul style="list-style-type: none"> <li>• One parent/guardian is allowed per participant. It is preferred that no additional spectators, including children, are brought into the facility. If children must come out of necessity, they must be seated with their parent/guardian.</li> <li>• No dressing room available for use.</li> <li>• Please check the Tri- Leisure information for all info and updates regarding Covid-19 <a href="#">CLICK HERE</a></li> </ul>
<b>Team Official /Coaches</b>	<ul style="list-style-type: none"> <li>• The team official must complete the following forms:               <ol style="list-style-type: none"> <li>1. Complete COVID Symptoms Checklist for Team <a href="#">CLICK HERE</a></li> <li>2. Complete COVID Contact Tracing log for Team <a href="#">CLICK HERE</a> , it also can be done electronically if the team as an app that can do that (example: Team Snap)</li> <li>3. Complete COVID Referee Feedback Form <a href="#">CLICK HERE</a></li> </ol> </li> <li>• Team officials and bench attendants must wear a mask or face covering at all times while inside any building where EMSA games are taking place. They are to be put on as you enter the building and then not to be taken off again until after you have left the building. They are required in the dressing rooms and on the bench.</li> <li>• EMSA Team Official are not part of the cohort as long as they maintain 2 metres physical distance from all members of the cohort when possible</li> <li>• One of the attendants (Team Official, bench attendants or another designed person) will also need to be a team <b>Covid Tracker (COVID-19 Liaisons)</b>. The Covid Tracker has to complete the “Covid contact tracing log” form (<a href="#">HERE</a>) and his/her name must be identified in the game sheet. This person is required to ensure that the health and safety guidelines are followed at each game.</li> <li>• Coaches must ensure their team is in compliance with sport cohort management guidelines.</li> </ul>
<b>Players</b>	<p>Players must wear masks when they enter the building. They are permitted to remove them just before they enter the field. They must put them back on again when they leave the field.</p>



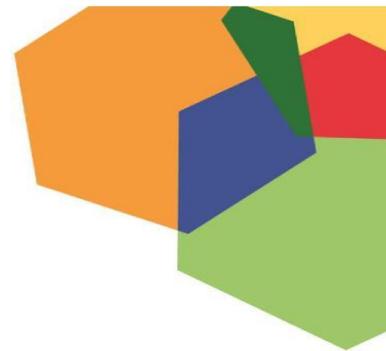
GUIDELINE	DESCRIPTION
Referees	<ul style="list-style-type: none"> <li>Referees will be required to follow all Albert Soccer Guidelines and must have taken the indoor courses to be able to referee during the winter season.</li> <li>Games will be assigned centrally by EMSA. Referees will receive an email regarding availability in mid-October.</li> <li>Referees are not considered part of the cohorts in both Boarded and Non-Boarded games.</li> <li>More information can be found on the EMSA website <a href="#">(Click Here)</a></li> <li>ASA Return to Play – 2020-21 Indoor – Referee Considerations <a href="#">(Click Here)</a></li> </ul>
Authority of the Referee	<p><b>The referee has the authority to – stop, suspend or terminate the match for any for any breach of the requirements of the Return to Modified Games plan by participants or spectators.</b></p> <p><b><u>COVID Related Spitting Offences</u></b></p> <ul style="list-style-type: none"> <li>Spitting AT any person will remain a sending off offence, as per the IFAB Laws of the Game.</li> <li>For all other types of spitting, if a player, substitute or team official is seen to be spitting or clearing nasal passages on or around the field of play, or if a goalkeeper is seen to be spitting on their gloves:             <ul style="list-style-type: none"> <li>The first incident will result in a verbal warning to the individual.</li> <li>The second incident by that same person will result in a Yellow Card (Caution) for Unsporting Behavior.</li> <li>The third incident by the same person will result in a second Yellow Card (Caution) and therefore a Red Card and dismissal from the game.</li> </ul> </li> </ul> <p><b>• Note – spitting on the field or spitting on gloves will be an in-game suspension only and no further sanction will be administered by competitions. The player’s team will not play short as a result of the COVID spitting offence.</b></p> <p><b><u>COVID Related Cautionable Offences</u></b></p> <ul style="list-style-type: none"> <li>A player, substitute, substituted player or team official who yells AT another person is cautioned. This does not include yelling instructions etc., which are a normal part of soccer, but should be used when the yelling is considered a health risk under COVID-19. If the yelling AT another person is excessive or persistent, the player should be sent off.</li> </ul> <p><b><u>COVID Related Sending-Off Offences</u></b></p> <ul style="list-style-type: none"> <li>Any players who are involved in a physical altercation will be sent off. If the altercation involves more than two players, the game will be terminated.</li> <li>A player, substitute, substituted player or team official who yells AT another person in a manner to considered by the referee to be excessive or persistent is sent off.</li> </ul> <p><b>The sanction for sending off for physical altercations will be determined based on the review of the referee’s report by a league discipline panel or officer.</b></p>



GUIDELINE	GUIDELINE
<b>Handshaking at End of Game</b>	Teams are not permitted to shake hands at the end of the game with each other or the referee.
<b>Trialists/Guest Players</b>	<ul style="list-style-type: none"> <li>• Club Teams are not permitted to use trialists/guest players this season due to COVID.</li> <li>• Community Teams Trialist or guest players: Teams are not permitted to use trialists/guest players from any other division/age group. However you can use special COVID Cohort Guest Players for any game. These special COVID Cohort Guest players MUST be from another team within your cohort tier/division. They do not need to be from the same Zone. A COVID Cohort Guest Player form must be filled out and submitted with the master game sheet. <a href="#">CLICK HERE</a> for Community Trialist/guest player form</li> </ul>
<b>Player Cards</b>	<ul style="list-style-type: none"> <li>• Prior to entering the field of play, team officials will now check/verify each other's player and team official cards. The referee will not be verifying the cards for this season in order to remain outside of the cohort.</li> <li>• While checking each other's ID's if any discrepancies or issues come up that the teams are to bring it up to the referee when passing over the game sheet. The referee will either solve the issue or note it on the game sheet for the EMSA office staff to handle the next day.</li> <li>• Please ensure a check mark is placed in the appropriate box on the game sheet next to the player's names to indicate the card has been checked. Please just mark a check mark next to the name of the team officials to indicate their cards have been checked.</li> <li>• Options to present player cards <a href="#">CLICK HERE</a></li> <li>• Player cards expiring from October 15, 2020 to March 31, 2021 will remain valid during this 2020-2021 Indoor Season.</li> </ul>
<b>COVID Team Referee Feedback Form</b>	Each team will be required to fill in a feedback form regarding how the referee handled/followed COVID procedures. Both the home and away team will need to fill in separate forms and send them into the EMSA office within 48 hours of the game's completion. Forms can be found on the EMSA website under Season Info.



GUIDELINE	DESCRIPTION
<b>Covid Tracker</b>	<p>There must be one person from your team (age 18 – 60) that will be designated as the “COVID Tracker”. This person should be the first person to arrive at the field. This person’s name MUST be written down on the game sheet at the bottom in the blank area. You can write “COVID – Jane Smith” anywhere it fits. It doesn’t have to be the same person for every game. They will be required to fill out a contact tracing log (see Season Info on EMSA website for log) for every single game as well as go over a symptom check list (see Season Info on EMSA website for list) with each player, team official, bench attendant and tech trainer when they arrive at the field for every game. If anyone has symptoms they must be sent home immediately and told to call 811. Tracing can also be done electronically if you have an app that tracks this. The COVID paper work/electronic format will need be kept by your team unless requested by the EMSA office or Alberta Health Services. The COVID Tracker will also be responsible for informing the EMSA Office immediately if anyone is found to have any symptoms after they have played or test positive for COVID.</p>
<b>Participant Hygiene</b>	<ul style="list-style-type: none"> <li>• Hand Hygiene (wash or sanitize hand) should be done before and after each game and practice.</li> <li>• All participant should refrain from touching eyes, nose, mouth, or face with hands or gloves.</li> <li>• All participants should follow proper respiratory etiquette: <ul style="list-style-type: none"> <li>- Spitting on the field or clearing of nasal passages onto the field or a person’s clothing will be a RED CARD offence. This would include a goalkeeper spitting on their gloves.</li> <li>- Yelling or shouting at ANY person will be a minimum YELLOW CARD and, at the referee’s discretion may be a RED CARD if considered excessive.</li> <li>- If there is a physical altercation involving no more than two players, those players will receive a RED CARD and be required to leave the facility.</li> <li>- If there is a physical altercation involving more than two players, the game will be terminated.</li> </ul> </li> <li>• Goalkeeper should sanitize their hands and gloves before and after activity.</li> </ul>
<b>Game Duration- Boarded Soccer Only</b>	<p>Boarded games will now consist of 2 – 20-minute halves due to time required to sanitize fields in between games. Non – Boarded Soccer will remain as is.</p>
<b>Change Rooms Edmonton Soccer Centres (Boarded Soccer)</b>	<p>We are asking players to arrive dressed for their game. However, dressing rooms will be open if needed. The Edmonton Soccer Centres are asking that teams limit the number of people in the dressing room to 6 at one time.</p>
<b>Field Access/Sanitizing Procedure Edmonton Soccer Centres (Boarded Soccer)</b>	<p>There is a 15-minute window between each game where the staff of the facility will be sanitizing all high touch areas of the field. Teams are not permitted to enter the field until the staff have completed their cleaning. There will only be one way one and one way off the field, please ensure you pay attention to signage. We also ask that when your game ends, you promptly collect your belongings and exit the field.</p>



<b>GUIDELINE</b>	<b>DESCRIPTION</b>
<b>Game Equipment</b>	Home team is required to bring 3 (three) game balls. The game ball and two spares will be sanitized by the home team in view of the players and the referee and will be re-sanitized at half-time or any other time that the referee deems necessary. Players may request that the ball be re-sanitized or that a spare, sanitized ball be used if the game ball has been touched frequently by players' hands.
<b>Roster Size</b>	<ul style="list-style-type: none"> <li>Community teams U7 – U15 are limited to a maximum of 12 players on their rosters.</li> <li>Club teams and U17/U19 Community teams will have their regular size as per EMSA Rules and Regs.</li> </ul> (please be advise that roster size is subject to change)
<b>Facility</b>	<ul style="list-style-type: none"> <li>Please check the Edmonton Facility website for all info and updates regarding Covid-19 <a href="http://www.esaf.ca">www.esaf.ca</a></li> </ul>

The full list of Covid-19 Rules, Regulations and Policies are listed under each Club and Community Program on the EMSA Main website:

<b>U7 Mini League</b>	<a href="https://emsamain.com/seasoninfo/indoor-season-information/u7-mini-team-official-resources/">https://emsamain.com/seasoninfo/indoor-season-information/u7-mini-team-official-resources/</a>
<b>U9 –U19 CLUB League</b>	<a href="https://emsamain.com/seasoninfo/indoor-season-information/club-league-u9-u19-team-official-indoor-season-info/">https://emsamain.com/seasoninfo/indoor-season-information/club-league-u9-u19-team-official-indoor-season-info/</a>
<b>U9 –U19 Community League</b>	<a href="https://emsamain.com/seasoninfo/indoor-season-information/community-league-u13-u19-team-official-indoor-season-info/">https://emsamain.com/seasoninfo/indoor-season-information/community-league-u13-u19-team-official-indoor-season-info/</a>