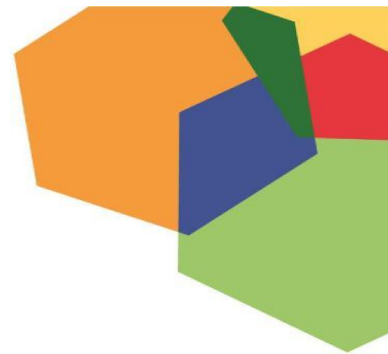


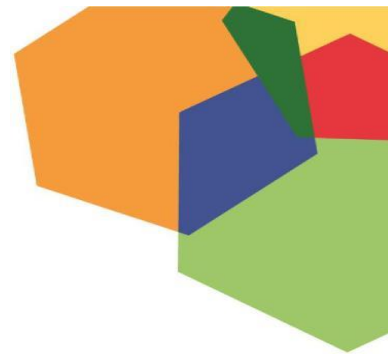
EMSA COVID – GUIDELINE 2021/2022 Indoor Season (Updated on September 29th, 2021)

See the highlighted portion for the updated information

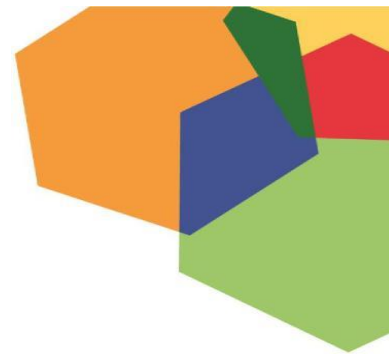
| GUIDELINE | DESCRIPTION |
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| Introduction | Information provided in this summary is based on AHS Guidelines (link), Alberta Soccer Association Return to Restriction & Best Practices Guidelines (link) , City of Edmonton (link) and decisions of the EMSA Board of Directors. |
| Registration | All Players and Team Officials (Coach, Assistant Coach, and Manager) must be registered on the EMSA PORTAL https://emsasoccerportal.com/ for the 2021/2022 Indoor Season prior to the start Season. At time of registration on the EMSA Portal, players and team officials do not have to provide proof of Covid vaccination. |
| Waivers & Declarations | During the online Registration process all participants (or parents/guardian if under 18 year of age) must sign the ASSUMING OF RISK Waivers, EMSA Waivers, Scottish Dome Waivers and Covid 19 Waivers. |
| Participants (Boarded Soccer) | <p>Various facilities in and around Edmonton DO require our EMSA Participants (players, team officials, spectators) to provide proof of Covid vaccination, negative Covid test or medical proof of vaccination exemption in order to access their facilities. All EMSA Teams should be familiar with these facilities regulations (links below) and inform their participants accordingly.</p> <p>Please review the participants information for the following Boarded Soccer Centre:</p> <ul style="list-style-type: none"> Edmonton Soccer Centres East, West and South https://www.esaf.ca/ Tri leisure Centre (Spruce Grove) https://emsamain.com/wp-content/uploads/2021/09/TLC-REP-Rental-information_Sept-27.pdf Beaumont Sport and Recreation Centre https://www.beaumont.ab.ca/267/Beaumont-Sport-and-Recreation-Centre Dow Centre (Fort Saskatchewan) https://www.foortsask.ca/en/things-to-do/recreation-centre.aspx# |
| Participants (non boarded soccer) | The Edmonton Soccer Dome (Non – Boarded Soccer) https://www.edmontonsoccerdome.com/ |



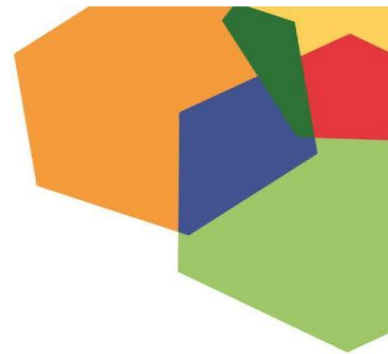
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| Team Official /Coaches | <ul style="list-style-type: none"> A minimum of two coaches 18 yrs+ must be present and participating in the group. All coaches MUST have a valid CPIC including Vulnerable Sector Search on file with their district / club. It is recommended that at least one coach per group be trained, at minimum, at the appropriate NCCP Coaching level. For the safe training of players under the age of 18 years, the following safety requirements must be met: <ul style="list-style-type: none"> Rule of Two maintained at all training sessions The team official must complete the following forms: <ol style="list-style-type: none"> Complete COVID Symptoms Checklist for Team CLICK HERE Complete COVID Contact Tracing log for Team CLICK HERE, it also can be done electronically if the team has an app that can do that (example: Team Snap) Team officials and bench attendants must wear a mask or face covering at all times while inside any building where EMSA games are taking place. They are to be put on as you enter the building and then not to be taken off again until after you have left the building. They are required in the dressing rooms and on the bench. One of the attendants (Team Official, bench attendants or another designated person) will also need to be a team Covid Tracker (COVID-19 Liaisons). |
| Covid Tracker | <p>There must be one person from your team (age 18 – 60) that will be designated as the “COVID Tracker”. This person should be the first person to arrive at the field. This person’s name MUST be written down on the game sheet at the bottom in the blank area. You can write “COVID – Jane Smith” anywhere it fits. It doesn’t have to be the same person for every game. They will be required to fill out a contact tracing log (see Season Info on EMSA website for log) for every single game as well as go over a symptom check list (see Season Info on EMSA website for list) with each player, team official, bench attendant and tech trainer when they arrive at the field for every game. If anyone has symptoms they must be sent home immediately and told to call 811. Tracing can also be done electronically if you have an app that tracks this. The COVID paper work/electronic format will need be kept by your team unless requested by the EMSA office or Alberta Health Services. The COVID Tracker will also be responsible for informing the EMSA Office immediately if anyone is found to have any symptoms after they have played or test positive for COVID.</p> |
| Players | <p>Players must wear masks when they enter the building. They are permitted to remove them just before they enter the field. They must put them back on again when they leave the field.</p> |
| Team Officials/Players Cards | <ul style="list-style-type: none"> ALL Interaction with referees should be limited and kept to 2 meters distancing at all times with the following exceptions when masks will be worn. Pre-game exchange of game sheets – both referee and coach / manager wear mask for INDOOR The card checks should be done at the 2 meter distance while the players/team officials shows the card at arm’s length <p>While checking each other’s ID’s if any discrepancies or issues come up that the teams are to bring it up to the referee when passing over the game sheet. The referee will either solve the issue or note it on the game sheet for the EMSA office staff to handle the next day</p> |



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| Referees | <ul style="list-style-type: none"> Referees will be required to follow all Albert Soccer Guidelines and must have taken the indoor courses to be able to referee during the winter season. Games will be assigned centrally by EMSA. Referees will receive an email regarding availability in mid-October. ALL Interaction with referees should be limited and kept to 2 meters distancing at all times with the following exceptions when masks will be worn Pre-game exchange of game sheets – both referee and coach / manager wear mask for INDOOR The card checks should be done at the 2 meter distance while the players/team officials shows the card at arm's length More information can be found on the EMSA website (Click Here) |
| Authority of the Referee | <p>The referee has the authority to – stop, suspend or terminate the match for any for any breach of the requirements of the Return to Modified Games plan by participants or spectators.</p> <p><u>COVID Related Spitting Offences</u></p> <ul style="list-style-type: none"> Spitting AT any person will remain a sending off offence, as per the IFAB Laws of the Game. For all other types of spitting, if a player, substitute or team official is seen to be spitting or clearing nasal passages on or around the field of play, or if a goalkeeper is seen to be spitting on their gloves: <ul style="list-style-type: none"> The first incident will result in a verbal warning to the individual. The second incident by that same person will result in a Yellow Card (Caution) for Unsporting Behavior. The third incident by the same person will result in a second Yellow Card (Caution) and therefore a Red Card and dismissal from the game. <p>• Note – spitting on the field or spitting on gloves will be an in-game suspension only and no further sanction will be administered by competitions. The player's team will not play short as a result of the COVID spitting offence.</p> <p><u>COVID Related Cautionable Offences</u></p> <ul style="list-style-type: none"> A player, substitute, substituted player or team official who yells AT another person is cautioned. This does not include yelling instructions etc., which are a normal part of soccer, but should be used when the yelling is considered a health risk under COVID-19. If the yelling AT another person is excessive or persistent, the player should be sent off. <p><u>COVID Related Sending-Off Offences</u></p> <ul style="list-style-type: none"> Any players who are involved in a physical altercation will be sent off. If the altercation involves more than two players, the game will be terminated. A player, substitute, substituted player or team official who yells AT another person in a manner to be considered by the referee to be excessive or persistent is sent off. <p>The sanction for sending off for physical altercations will be determined based on the review of the referee's report by a league discipline panel or officer.</p> |



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| Handshaking at End of Game | Teams are not permitted to shake hands at the end of the game with each other or the referee. |
| Participant Hygiene | <ul style="list-style-type: none"> • Hand Hygiene (wash or sanitize hand) should be done before and after each game and practice. • All participant should refrain from spitting, touching eyes, nose, mouth, or face with hands or gloves. • All participants should follow proper respiratory etiquette: <ul style="list-style-type: none"> - Spitting on the field or clearing of nasal passages onto the field or a person’s clothing will be a RED CARD offence. This would include a goalkeeper spitting on their gloves. - Yelling or shouting at ANY person will be a minimum YELLOW CARD and, at the referee’s discretion may be a RED CARD if considered excessive. - If there is a physical altercation involving no more than two players, those players will receive a RED CARD and be required to leave the facility. - If there is a physical altercation involving more than two players, the game will be terminated. • Goalkeeper should sanitize their hands and gloves before and after activity. |
| Game Equipment | <p>All shared equipment should be cleaned and sanitized before and after each group training session or game.</p> <ul style="list-style-type: none"> • Home team is required to bring 3 (three) game balls. The game ball and two spares will be sanitized by the home team in view of the players and the referee and will be re-sanitized at half-time or any other time that the referee deems necessary. • Equipment cleaning is the responsibility of the home team when participating in games. Games balls should be sanitized before they are provided to the referee and sanitized during stoppages in play, if possible, including halftime. - Equipment including, but not limited to, balls, cones, pinnies (bibs), pop up goals and corner flags. - Recommend that one individual be assigned responsibility for management of equipment. - Goalkeeper gloves cannot be shared |



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| Non- Compliance | <p>As per ASA Rules & Regulations the following sanctions may be applied for non-compliance: Appendix C: 5.2 Breach of ASA Health & Safety Protocols – including but not limited to the Covid-19 Safety Guidelines, Canada Soccer Lightning Policy, Field Safety Checklist and Air Quality Guidelines.</p> <p>a. Individuals</p> <ol style="list-style-type: none"> 1. 1st Offence Minimum 1 Month and up to 1 Year Suspension <ol style="list-style-type: none"> 1. Must include a minimum \$100 Fine, and \$500 Bond 2. 2nd Offence Lifetime Ban <p>b. Clubs</p> <ol style="list-style-type: none"> 1. 1st Offence Warning 2. 2nd Offence \$1,000 Fine and; <ol style="list-style-type: none"> 1. Discipline Hearing for consideration of sanctions against the Club, Club Leadership (President, ED, GM etc) and/or Board of Directors 3. 3rd Offence - \$2,000 Fine, Removal from Provincial Competitions for 1 season and; <ol style="list-style-type: none"> 1. Discipline Hearing for consideration of sanctions against the Club, Club Leadership (President, ED, GM etc) and/or Board of Directors |

The full list of Covid-19 Rules, Regulations and Policies are listed under each Club and Community Program on the EMSA Main website:

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| U7 Mini League | https://emsamain.com/seasoninfo/indoor-season-information/u7-mini-team-official-resources/ |
| U9 –U19 CLUB League | https://emsamain.com/seasoninfo/indoor-season-information/club-league-u9-u19-team-official-indoor-season-info/ |
| U9 –U19 Community League | https://emsamain.com/seasoninfo/indoor-season-information/community-league-u09-u19-team-official-indoor-season-info/ |